



MARYAM ESMAEILINASAB

Occupation: Faculty member Tarbiat Modares University (TMU),
Department of Psychology

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Degrees

2004 - 2009 Ph.D. (Psychology) Allameh Tabatabaei University, Tehran, Iran

Thesis title: Comparing effectiveness of Adlerian and Barckly parent education on Conduct Disorder

2001 – 2004 M.A. (Psychology) Allameh Tabatabaei University, Tehran, Iran

Thesis title: Comparing life narrative and life metaphor of depressed and anxious people

1997 - 2000 B.A. (Clinical Psychology) Allameh Tabatabaei University, Tehran, Iran

Thesis title: Standardization of Spielberger state- trait anxiety inventory

RESEARCH INTERESTS

- **Main Domains:** Clinical psychology, Health psychology, Neuropsychology
- Emotional regulation

- Psychoanalysis
- Culture, psychopathology and Therapy
- Developmental psychology and prevention
- Qualitative research

TEACHING SUBJECTS

- Psychopathology and culture
- Psychology of Exceptional children
- Developmental Psychology
- Psychotherapy
- Psychology of emotion and motivation

WORKING EXPERIENCES

- Faculty member of Tarbiat Modares University and teaching in master and doctorate program (2012-Now);
- Establishing and managing a psychological clinic under supervision of Psychology and Counseling Organization of I.R. Iran (2006-Now);
- Working as psychologist in Iran Ministry of Industries and Mines (2007-2012);
- Working as psychologist in Amir Kabir University (Polytechnic) (2002-2012);
- Membership in editorial board of Roshd e Moalem Journal (Ministry of Education - The Research and Planning Department) (2005-2007);
- Cooperating with Sepideh Danayi Journal as secretary of positive psychology and pathological psychology (2007-2008);
- Working in Roshd Publisher as Technical Editor (2003-2003);
- Teaching at bachelor and master program at Allameh Tabatabaei University (2005-Now);
- Training high school psychological teachers (2006-Now);
- Invited professor in master program at Azad University (Olum o Tahghighat branch) (2012)

HONORS

- Top student in doctorate Program entrance exam
- Top student in undergraduate program; and
- Selection of master final thesis as the best one in psychology in year 2004 (Iran Ministry of Science, Research and Technology).

PARTICIPATING IN COURSES AND WORKSHOPS

- Psychoanalysis internship in Germany 2016
- Psychoanalytic therapy (2011- Now)

- Cognitive behavior therapy (CBT)
- Dialectical behavior therapy (DBT)
- Eclectic psychotherapy
- Emotion Focused Couple Therapy
- Family Therapy
- Treatment of sexual dysfunction
- Play therapy of children with behavioral problems
- Cognitive Behavioral therapy for obsessive - compulsive disorder
- Life Skills Training
- Prevention of drug addiction in university students
- Motivational interviewing in drug addiction

HOLDING WORKSHOPS

- CBT workshop
- Emotion Focused Therapy for Couples
- Moral development in children (2006);
- Peer consultant training in Tehran municipality (2008);
- Narrative therapy in Shahid Beheshti University (2009);
- Life skills for university students (2010);
- Prevention of drug in university students (2009);
- Parent education for parents of children with conduct disorder and ADHD (2008).

MEMBERSHIP, PROFESSIONAL AFFILIATIONS AND RESEARCH EXPERIENCES

- Reviewer of 7 Psychological Journals
- Jury membership for thesis and book of the year;
- Providing comprehensive plan for psychology of project management with cooperation of I.R. Iran Ministry of Defense (2005);
- Member of the faculty of “Islam and social pathology” conference in State Welfare Organization of Iran ;
- Member of the faculty of second congress of Art Therapy in ShahidBeheshti University (2009);
- Finding board, central council, and Policy council of association of scientific festival award winners in Iran Jihad academic;
- Iranian psychological association;

PUBLICATIONS

- Esmailinasab, M.**, Alizadeh, H., Ahadi, H., Delavar, A., & Eskandari, H. (2010). The comparison of effectiveness of Adlerian and Barkley's model of parent education on reducing conduct disorder. *Journal of Research on Exceptional Children*, 10, 3, 227-236. (In Persian)
- Esmailinasab, M.**, Alizadeh, H., Ahadi, H., Delavar, A., & Eskandari, H. (2011). A comparison Study on Effectiveness of Two Adlerian-Dreikursian and Barkley's Parent Training Methods on Improvement of Family Environment in Families of Children with Conduct Disorder. *Clinical psychology Studies*, 1, 4, 43-70. (In Persian)
- Esmailinasab, M.**, Eskandari, H., & Borjali, A. (2006). The comparison of life and self-metaphors between anxious and depressed clients with nonclinical sample. *Journal of Educational Psychology*, 3, 69-80. (In Persian)
- Esmailinasab, M.**, Eskandari, H., & Borjali, A. (2005). The comparison of life narratives between anxious and depressed clients with nonclinical sample. *Journal of Advances in cognitive sciences*, 27, 3. (In Persian)
- Esmailinasab, M.**, MalekMohamadi, D., Ghiasvand, Z., & Bahrami, S. (2011). Effectiveness of life skills training on increasing self-esteem of high school students. *Journal of Procardia - Social and Behavioral Sciences*. 30, 1043-1047.
- AndamiKhoshk, A., Golzari, M., & **Esmailinasab, M.** (2014). Role of Nine Strategies of Cognitive Emotion Regulation in the Prediction of Resilience. *Journal of Thought and Behavior in Clinical Psychology*, 7, 27. 57-66. (In Persian)
- Esmailinasab, M.** (2005). The effects of mother's employment on children's psychological development. *Journal of teacher development*, 8, 42-46. (In Persian)
- Esmailinasab, M.** (2007). Relationship between culture and personality. *Journal of school counseling*, 2, 1, 30-35. (In Persian)
- Safaeian, M., **Esmailinasab, M.** (2014). Comparison of spiritual intelligence, job stress and coping style between nurses and doctors. *Bulletin of Environment Pharmacology and life Sciences*. 2, 3, 233- 237.
- Esmailinasab, M.**, Andamikhoshk, A., Azarmi, H., Samarrokhi, A. (2014). The predicting role of difficulties in emotion regulation and distress tolerance in addiction potentiality in university students. *Journal of Research on Addiction*. 29, 8, 49-63. (In Persian)
- Asadi, Z., **Esmailinasab, M.**, Taghoobi, N., Ansarifar, A. (2014). Comparison of the effect of written, figurative and written-figurative training package of myocardial perfusion imaging on patients' cooperation. *Journal of Cardiovascular Nursing*, 3, 18-24. (In Persian)

- Masoodi, O., **Esmailinasab, M.**, Dehghankar, F. (2014). Review of gender differences in determination of personality and family environment characteristic for addiction to the internet. *Rasaneh*. 1, 25, 91-102. *(In Persian)*
- Eslami Glirdi F., **Esmailinasab M.**, Agilar Vafai M., (2015). Assess the effect of sport computer games on improving focuses in athletic women working in a military organization. *Journal of military Psychology*. 6, 22, 45-53. *(In Persian)*
- Kalantari Khandani S., Rasoolzadeh Tabatabaee, S K., **Esmailinasab, M.**, (2015). Comparison of social support in women with active (through prostitution) and passive (through the husband) AIDS. *Int. J. Rev. Life. Sci.*, 5(5), 1388-1392.
- Cheraghi, A., **Esmailinasab, M.**, Rasoolzadeh Tabatabaee, S K., (2016). A Comparison of the Feeling of Hostility between Women with and without AIDS. *Journal of Research In psychological health*, 9, 4, 32-45. *(In Persian)*

Presentations

- Esmailinasab, M.** (2016). Emotion regulation and life satisfaction in university students. International conference on Education and Educational Psychology, Rhodes, Greece.
- Esmailinasab, M.** (2006). Narrative language development in preschool children. Second Congress of Art Therapy, Shahid Beheshti University. Iran, Tehran.
- Andamikhoshk, A., **Esmailinasab, M.**, & Asiabi, L. (2013). Cognitive emotion regulation: Gender differences and their predicting role in life satisfaction. Second seminar of function of cognitive sciences in stressful situation. Shahid Beheshti University, Iran, Tehran.

Books related activities

- Translation of “Narrative Therapy” by Martin Payne in editing stage by Roshd Press
- Technical editing “Health Psychology” by Edward C. Sarafino
- Technical editing of the book “ How can we take care of our kids and juveniles encountering net environment?” by: Ministry of Culture and Islamic Guidance, Digital Media Centre

